




UNIVERSITY OF TRADITIONAL MEDICINE

EDUCATIONAL TRAINING PROGRAM

Approved by
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Specialty 091201, General Medicine

Subject Nurse Assistant

Department General Medicine year II semester IV

Duration of Training 90 hours

AIM AND OBJECTIVES OF THE EDUCATIONAL TRAININGS

Goals are:

- to introduce the work of the medical-preventative institution;
- to teach the basic stages of nurse work;
- to introduce the rules of deontology and ethics.

Objectives are:

1. Introduction to the structure and work organization of the multi-purpose medical institution;
2. Introduction to the diagnostic and therapeutic cabinets, the reception and the hospital pharmacy;
3. Learning of medicine prescription formulation, providing, storage and distribution rules;
4. Obtaining the skills of seriously ill patients' care (skin care and bedsore prevention, change of patient's personal and bedclothes, providing with, assistance in receiving food);
5. Mastering of basic patient control skills (assessment of consciousness, pulse study, measurement of BP, thermometer);
6. Practical skills for the following manipulations (oxygen therapy, jars, mustard fillets, fins, compresses, cleansing gums, gastric lavage, as well as eye nose, drops of ear drops drowning, distribution of medicinal forms to patients);
7. Introduction to the nature of work in the medical institution.

At the end of the internship, a student must:

know:

- The main phases of the nurse's work;
- Nursing personal hygiene and clothing requirements;
- Hand washing levels;
- The patient's position and transportation methods;
- Bedsore prevention measurements, and bedsore risks;
- Dirty linen collection and transportation rules;
- The purpose and methods of oxygen therapy;
- Fever and its types;
- Balanced and rational food principles;
- The description of the main treatment tables;
- Organization of nourishment of patients at home;
- Take biological materials to the laboratory;

- To divide the medication for intravenous use;
- Teach patients the rules for the use of various medicines;
- Prepare patients for x-ray and endoscopic investigations of tracheal and urogenital system;
- Prepare the patient for ultrasound examination;
- Accomplish the process of the sister process and their documentary formulation;
- Record biological death and deal with the corpse.

be able to:

- Work with the documents of the patients;
- Make clear and timely documentation;
- Perform anthropometry;
- Measure the temperature;
- Prepare the patient bed, change the bedclothes, work with patient's mouth, nose, ears;
- Take care of the patient's nails, hair, skin;
- Render assistance in the prevention of incontinence;
- Use the functional bed and other facilities designed to accommodate the patient;
- Determine pulse, frequency of respiratory movements and so on;
- Perform the simplest physiotherapeutic manipulations (cans, mustard droppings, compresses, ice bags);
- For laboratory testing, collect urine, sputum, syringe, send them to the laboratory;
- Clean the device and to perform siphon gastric lavage;
- Show first aid in vomiting and patients with heart disease;
- Provide assistance to patients with irritation;
- Control the patient according to the state of the equipment monitoring;
- Conduct complete and partial sanitation of the patient;
- Examine the patient for the detection of pediculosis, organize appropriate anti-epidemic measures;
- Formulate the cover page of "Patient's Medical Card";
- Register the patient in the registration and hospitalization register;
- Transfer the patient to a medical institution;
- Apply protective clothing during practical activities;
- Clean hands before and after manipulation;
- Clean hands and mucous membranes in the case of contact with biological fluids;
- Prepare various concentrations, disinfectant solutions;
- Show first aid in the case of poring disinfectant solutions on skin and mucous membranes;

- Carry out disinfection of patient care products, bedclothes, tools,
- Conduct wet cleaning of health-care facilities by disinfectants;
- Carry out ventilation of buildings;
- Control sanitary condition of rooms, cabinets, refrigerators;
- Carry out safe transportation of patients;
- Use functional bed;
- Help the patient to change position in bed;
- Apply heaters, ice bags, mustard fillets, cans,
- Apply heating, hot and cold paddles;
- Measure temperature and record data;
- Conduct thermometer disinfection;
- Feed patients with serious illnesses;
- Take care of the patient with permanent catheter;
- Show help during vomiting;
- Make reference booklets for laboratory and instrumental researches;
- Collect urine for general and bacteriological examination;
- Take biological materials to the laboratory;
- Distribute medicinal preparations for intravenous use;
- Teach patients the rules for the use of various medicinal products;
- Prepare patients for radiologic and endoscopic examination of gastrointestinal and urogenital system;
- Prepare the patient for ultrasonography;
- Carry out the stages of the nursing and their documentary formulation;
- Record biological death and deal with the corpse.

Master:

- The method of sanitary processing of the medical and diagnostic buildings of the facility;
- Simple methods of physical impairment on the patient's body;
- Methods for the care of patients with diseases of different organs and systems;
- Care of severe and haired patients.

N	Content	
1.	Organization of work of medical institutions;	<ul style="list-style-type: none"> – Equipment, saturation and regimes of hospital reception and therapeutic department; – Patient sanitation (full, partial); – Pediculosis prevention and necessary measurements; – Transfer of patients; – Organizing a nurse's work; – Sanitary-epidemiological regimen of the medical institution.
2.	Patient's personal hygiene and nutrition, body temperature and its measurement	<ul style="list-style-type: none"> – Medical food, dietetic tables; – Feeding patients with serious illnesses; – Thermometer disinfection and maintenance – Care of patients with high temperature.
3.	Simple physiotherapeutic manipulations	<ul style="list-style-type: none"> – Heating, hot and cold paddles; – Heaters, ice bags, mustard fillets, cans; – Gastric lavage; – Patient management manipulations and, if necessary, urgent care.
4.	Options for the use of medicines	<ul style="list-style-type: none"> – Maintenance of medicines of "A" and "B" groups in the department, external use, intravenous; – Parenteral means of use; – The distribution of intravenous drugs; – Subcutaneous and interstitial injections.
5.	Patient care and care	<ul style="list-style-type: none"> – Assessment of pulse and respiratory rate; – Blood pressure assessment; – Oxygenotherapy; – Taking the sputum, urine, stools samples for analysis and sending them to the lab; – Preparation of the patients for x- ray, endoscopic and ultrasound examinations; – Taking care of adult patients.
6.	Care of severe and dying patients	<ul style="list-style-type: none"> – Prevention of bedsores; – Oral hygiene; – The care of unconscious patients;